



## **Learn to Skate COVID-19 Preparedness Plan**

### **Screening policies:**

Staff and guests will be encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures will be implemented to assess staff and participants health status prior to entering Schmitz-Maki Arena.

- Staff and participants will be sent home or asked not to come inside the arena if they show any signs of illness.
- Staff and participants will be asked to take a self-check health screening form before participating.

### **Self-Check Health Screen Checklist:**

- Fever (100.4 F or higher), or feeling feverish?
- Chills?
- A new cough?
- Shortness of breath?
- A new sore throat?
- New muscle aches?
- New headache?
- New loss of smell or taste?

### **Handwashing:**

- All staff are instructed to wash their hands for at least 20 seconds with soap and water throughout the day, but especially before and after lessons.
- Schmitz-Maki Arena will have strategically placed hand sanitizer dispensers that can be used for hand hygiene in place of soap and water, so long as hands are not visibly soiled.
- Staff will be encouraged to wear disposable gloves as needed.

### **Physical Distancing:**

- Staff and participants are encouraged to wear masks, masks must cover nose and mouth.
- Staff and participants will be encouraged to practice physical distancing within reason.
- No gathering of groups will be allowed in the lobby area.
- Parents are allowed to escort their child in to the arena, aid them in getting their skates on in designated areas, while maintaining 6 feet apart from other participants.

- Participants will be restricted to having only one adult chaperone accompany them during their scheduled lesson.
- Parents must leave after assisting their child and cannot stay at the arena to watch.
- While on the ice, participants will maintain a distance of 6 feet from instructors and other participants as much as possible.
- Groups will be no larger than 10 people including the instructor/coach.
- No more than two groups of 10 people can be on the ice at the same time.
- There will be no contact between the coach/instructor and participants during the lesson.
- Drinking fountain will not be available for participants.
- Participants should bring their own water bottle with them and have it pre-filled.
- Participants may refill their water bottles at the water bottle fill station if they need more water.
- Participants should follow the one-way direction for entering and exiting the arena and should only use designated entrance and exit doors.
- Participants should arrive no sooner than 15 minutes before lessons and participants should leave within 10 minutes of the lesson ending.
- There will be no sharing of any equipment.